

GLUCOSE INTOLERANCE INDUCED BY OLIGEMIC BRAIN HYPOXIA: THE EFFECT OF TERGURIDE

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Summary: Two series of experiments were performed. In the first one experiments were carried out in Koletsky genetically hypertensive lean female rats and in the normotensive female rats of Wistar strain. Glucose intolerance was induced by oligemic brain hypoxia (4 hours of occlusion of both common carotid arteries followed by 44 hours reperfusion). Brain water content were used as a marker of brain edema. Changes in insulinemia and specific insulin binding were used as expression of regulative mechanisms participating in modification of glucose tolerance. The effect of terguride (trans-dihydro-lisuride) was tested. Brain hypoxia induced glucose intolerance in both strains of rat but brain edema was found only in the normotensive females. Both abnormalities were alleviated by terguride treatment. Basal glycaemia was not changed either by the brain hypoxia or by terguride treatment, except normotensive female where brain hypoxia induced hyperglycaemia. The second series of experiments were carried out in the normotensive females. The arrangement of experiments was the same as in first series except omission of the final glucose tolerance test. Brain hypoxia causes increase in brain water content. The mentioned elevation of brain water content was alleviated by terguride treatment. Insulin binding to erythrocytes was not influenced by brain hypoxia. Terguride treatment shows decrease of insulin binding to erythrocytes. Brain hypoxia elevates insulinemia which was not alleviated by terguride treatment.

Key words: *Oligemic brain hypoxia; Brain edema; Glucose intolerance; Insulinemia; Insulin binding to erythrocytes; Wistar rats; Koletsky genetically hypertensive rats; Terguride*

Introduction

In our previous paper (2) we documented the abnormalities of glucose tolerance in the obese genetically hypertensive Koletsky (SHR/N-cp) rats as well as in their lean siblings. These genetically based abnormalities of the glucose tolerance were accompanied by alterations of insulin binding to erythrocytes and hepatocytes (8). Insulin binding was decreased in both obese as well as in lean SHR/N-cp rats when compared to the normotensive Wistar rats. On the other hand, the basal plasma insulin was elevated only in the obese animals.

In the other series of experiments (3) the ergopeptide terguride was found to be potent to alleviate the mentioned abnormalities. The study of insulin binding showed that long lasting terguride treatment elevated insulin binding to erythrocytes (4). These finding suggested a possible causal relationship between alleviation of glucose intolerance and the elevation of insulin binding to erythrocytes.

It must be stressed that the above mentioned results were obtained in the animals where glucose abnormalities are based genetically.

In recent series of experiments we turn our attention to glucose tolerance abnormalities which are induced by brain oligemic hypoxia.

Since the time of Claude Bernard (12) it is known that the hypothalamic lesions cause hyperglycaemia and glycosuria. On the other hand, it was documented (1,11) that hyperglycaemia can be found in brain lesions which do not directly affect the hypothalamus.

The last mentioned data represents the starting point for our experimental arrangement, i.e., we have used not the local brain lesion but we induced brain ischemia invading all the brain.

Glucose tolerance abnormalities induced by oligemic brain hypoxia were submitted to the same ergopeptide, i.e., terguride, which showed beneficial effect in alleviation in glucose tolerance abnormalities based genetically (3).

Material and methods

Animals

Experiments were carried out in normotensive female rats of Wistar strain and in SHR lean females of Koletsky

type (10). After weaning at the age of 30 days the animals were kept in groups of four and supplied with water and pelleted diet ad libitum.

Occlusion of common carotid arteries

Occlusion was performed under Nembutal anaesthesia (45 mg/kg i.p.). The animal was fixed in supine posture, skin was incised in the ventrolateral neck region and the common carotid arteries were separated from the surrounding tissue bilaterally. Both carotid arteries were occluded for four hours by Yasargil Standard aneurism clip (Aesculap, Germany). Then reperfusion period (44 h) was started.

Glucose tolerance test

After finishing reperfusion period glucose tolerance test was performed. Blood was sampled to heparinized capillaries (from the retrobulbar plexus under light ether anaesthesia) before glucose loading (basal glycaemia), as well as 30, 60, 120 and 180 min after glucose loading. Glucose (3 g/kg b.w., in 30% solution) was applied intragastrically after 14 h starvation.

Measurement of brain water content

After finishing the glucose tolerance test (in the first series of experiments) or after finishing of reperfusion period (in the second series of experiments) the animal was decapitated, the brain was cut off at the boundary between the spinal cord and the oblongata and was removed from the skull. The brain was immediately weighted and placed in a hot air drying box. The drying was finished when the weight of dry brain remained 48 hours the same.

Insulin binding to rat erythrocytes

In second series of experiments where the animals were submitted to the same procedure as described above, except glucose tolerance test which was omitted, plasma was separated from approximately 3 ml of heparinized blood drawn by cardiac puncture under the light ether anaesthesia.

Erythrocytes were obtained by centrifugation in Ficoll gradient, and incubated in the presence of constant amount ^{125}I -insulin (33 pM) at 15°C 3 hours. Results were corrected for nonspecific binding. The details of the method were published previously (8).

Terguride treatment

The drug was applied in two daily doses (7.00 and 14.00) for four days before operation and for two days after operation. Terguride maleate was administered at a dose 0.1 mg/kg i.p.

Statistics

The data were analyzed by the Student t-test.

Results

In the first series of experiments (Table 1 and 2)

Table 1:

Group	Basal glycaemia mmol/l	Sum of glycaemia 30,60,120,180 min after glucose loading mmol/l	Brain water content %
NR Co	3.80±0.28(7)	23.71±1.38(7)	77.00±0.11(7)
Occlu	5.50±1.38(7) ^d	35.15±4.73(9) ^d	77.39±0.38(10) ^d
Occlu±Ter	4.51±0.50(6)	26.46±2.31(6) ^d	77.63±0.27(6)

Means + SEM are presented. Abbreviations: NR - normotensive rats of Wistar strain, Co - control animals, Occlu - bilateral occlusion of carotid arteries, Ter - terguride treatment. Number in brackets = number of animals per group. Statistical significance: a = P<0.10, b = P<0.05, c = P<0.02, d = P<0.01.

Table 2:

Group	Basal glycaemia mmol/l	Sum of glycaemia 30,60,120,180 min after glucose loading mmol/l	Brain water content %
SHR Co	5.12±1.1(9)	35.37±3.19(9)	77.60±0.33(9)
Occl	5.23±0.83(14)	47.58±7.32(14) ^d	77.66±0.25(14)
Occl+Ter	5.50±0.61(11)	37.95±6.22(11) ^d	77.69±0.30(11)

Means + SEM are presented. Abbreviations: SHR - lean genetically hypertensive rats of Koletsky (10) type. The other abbreviations are the same as in Table 1.

Basal glycaemia

Considering the control animals, the occlusion shows elevation in the normotensive female rats. Occlusion remains without effect in SHR/N-cp lean females. Taking into account occluded animals without drug, terguride treatment does not show any effect.

Glucose tolerance

Taking into account control animals, occlusion shows elevation in both strains.

Considering occluded animals without drug, terguride shows decrease in both strains of occluded animals.

In this place it is worthwhile to note strain dependence of glucose tolerance in the females rats.

SHR/N-cp lean females show significantly increased the sum of glycaemia 30, 60, 120 and 180 min after glucose loading (i.e., there is expressed genetically based glucose intolerance) in comparison with normotensive females (normotensive: $x=23.71+1.38(7)$ versus hypertensive: $x=35.37+3.19(10)$ P<0.01).

Brain water content

Considering the control animals, the occlusion shows elevation only in normotensive females.

In the second series of experiments (Table 3)

Table 3:

Group	n	Basal glycaemia mmol/l	% of insulin binding to erythrocytes	Brain water content %	Insulin pmol/l
NR-F Co	8	4.68±0.88	6.43±1.34	77.72±0.15	92±18
Co	7	5.01±1.16	7.20±1.30	78.14±0.28 ^c	166±80 ^b
Co+Ter	9	4.51±0.55	5.23±2.23 ^b	77.50±0.18 ^d	175±111

Means + SEM are presented. Abbreviations are the same as in Table 1.

Basal glycaemia

Considering the control animals, occlusion shows no effect.

Terguride treatment shows no effect in the occluded animals.

When compared the control normotensive females in the first series of experiments with those in the second series, then in the second series the females show elevated basal glycaemia.

Insulin binding

Occlusion shows no effect. Terguride treatment shows decrease in occluded animals.

Brain water content

The occlusion induced elevation. Terguride treatment in occluded animals shows decrease.

Insulinemia

Occlusion shows elevation of plasma insulin. Terguride in the occluded animals remained without effect.

Discussion

In our previous papers (3) we documented that terguride treatment shows alleviation of glucose intolerance based genetically in SHR/N-cp obese rats of Koletsky (10) type and in their lean siblings. The mentioned drug induced alleviation of glucose intolerance was accompanied by decrease of insulinemia (4) and by increase of insulin binding to erythrocytes (4). These data suggested a possible participation of insulinemia and insulin binding to tissue in the regulative mechanism of glucose tolerance.

On the other hand, in our previous paper (5) when the effect of dehydroepiandrosterone (DHEA) on the glucose tolerance was monitored, we found in SHR/N-cp lean males that decrease of sum of glycaemia 30,60,120 and 180 min after glucose loading is accompanied by decrease of insulinemia but insulin binding to erythrocytes was not influenced by DHEA.

In our recent series of experiments similar results were obtained. Very profound glucose intolerance induced by oligemic brain hypoxia was not accompanied by any changes

insulin binding to erythrocytes (see Table 3) and the terguride treatment which alleviated the mentioned glucose intolerance (see Table 1,2) is accompanied, paradoxically, by decrease of insulin binding to erythrocytes (see Table 3). When we consider the changes in insulinemia and in insulin binding to tissues as the participants in regulative mechanism of glucose tolerance then our previous (5) as well as our recent data suggest that in glucose tolerance can take part more than one regulative mechanism.

It is valuable to admit one notion to the terguride effect on glucose tolerance in the SHR/N-cp lean females. In table 2 we documented that the last mentioned animals show glucose intolerance which is based genetically. Genetically based glucose intolerance is alleviated by terguride (3).

Oligemic brain hypoxia induces in these animals the superimposed glucose intolerance. In table 2 we documented that terguride alleviates this superimposed glucose intolerance but the genetically based glucose intolerance was not influenced by terguride. At recent time we are not able to solve this very difficult problem.

The effect of brain hypoxia on the brain water content and the following effect terguride represent the other open question. On one side, when water content was studied in the occluded animals which were submitted to glucose tolerance procedure (i.e., the animals were repeatedly anaesthetized with ether) terguride shows no effect on brain water neither in normotensive females where brain hypoxia induced elevation of brain water content, nor in the genetically hypertensive females where brain hypoxia showed no effect in brain water content.

On the other hand, when brain water content was studied in the occluded animals which were not finally submitted to the glucose tolerance procedure (i.e., the animals were anaesthetized with ether only once when the blood was sampled by cardiac puncture - see the second group) terguride treatment shows profound alleviating effect on water brain content in the occluded animals (see Table 3). Goodman and Gilman (7) documented that barbiturates show antiedematous effect.

On the other hand, ether increases intracranial pressure when the edema is induced by intracranial pathologic process (9). We documented that ether maximally elevates the brain water content after 4 h occlusion of both common carotid arteries (6). On the other hand, ether decreases brain water content immediately after frequently repeated anaesthesia. Moreover, ether elevates brain water content after two days after repeated anaesthesia (6).

Taking in mind the last mentioned data, it cannot be a priori excluded that the different effect of terguride treatment in the occluded normotensive females in the first and the second series of experiments is done by the different regime of ether anaesthesia. Before definite conclusion this question must be submitted to special series of experiments.

Before termination of discussion it cannot be omitted the most difficult question, i.e., what represents the sub-

stantial differences in the regulative mechanism of glucose tolerance when the terguride induced changes are accompanied by elevation of insulin binding and decrease of insulinemia (see SHR/N-cp lean males - 4) and when the same changes in glucose tolerance but induced by DHEA (5) are not accompanied by any changes in insulin binding and/or insulinemia. Moreover, which regulative mechanism are taking part in the induction of profound glucose intolerance induced by oligemic brain hypoxia, where no changes in insulin binding and elevated insulinemia was found and where the alleviation of this type of glucose intolerance by terguride treatment is nay even accompanied by a decrease of insulin binding to erythrocytes (the recent paper).

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